

COMMUNITY INTEGRATION SERVICES SOCIETY

Charter of Rights

As an adult and as a person in services, I have the right to:

Personal Development

I have a right to take chances, make mistakes and learn from them
I have a right to make independent choices with or without support

Self-Determination

I have a right to access my records and information explained in ways I can understand
I have a right to educate people on the rights and challenges of people with disabilities
I have a right to choose where I live and who I live with
I have a right to develop new skills

Interpersonal Relationships

I have a right to choose my friends
I have control in my relationships with family, friends and supports

Social Inclusion

I have a right to choose to participate with family, friends, co-workers.
I have a right to choose how I access the community, by volunteering, joining a club, finding employment
I have a right to access services that I need

Rights

I have a right to ask questions and make complaints without retaliation, and to talk about my feelings and be heard
I have a right to feel safe, to shelter, to food, to the law and to vote
I have the right to have all personal information protected (Confidentiality)
I have the right to privacy
I have the right to receive services regardless of race, religious beliefs, marital status, national origin, disability, age, or sexual orientation

Emotional Well-Being

I have a right to be treated equally as an adult, with respect and dignity at all times
I have a right to talk to someone I trust when I want information
I have a right not to be bullied and to do things I find relaxing when I'm stressed

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Physical Well-Being

I have a right to receive medical care, practice good hygiene and eat a healthy diet.
I have a right to participate in physical activity for fun and to keep my body healthy

Material Well-Being

I have a right to get the job that suits my abilities and interests
I have a right to earn and spend money to buy things that I need and want
I have a right to access services available to all citizens

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Signatures

Individual's Signature

Date

Witnesses

Name

Relationship to Individual

Name

Relationship to Individual